



Screen-Free Summer Fun

- Go hiking.
- Go on a bike ride.
- Go swimming.
- Play at a park.
- Invite a friend over.
- Fly a kite.
- Build a tower with blocks.
- Play LEGOs.
- Paint rocks.
- Blow bubbles.
- Play a board game or card game.
- Play with play dough.
- Go to the library.
- Bake something.
- Have a water fight.
- Draw a picture.
- Jump rope.
- Have a dance party.
- Draw with sidewalk chalk.
- Make a fort.
- Plant flowers.
- Play catch.
- Climb a tree.
- Read a book outside.
- Go on a picnic.
- Throw rocks in a pond.
- Go fishing.
- Invite a friend over.
- Wade in a stream.
- Have a jam session.
- Make a bike obstacle course.
- Learn to hula hoop.
- Make a dandelion crown.
- Learn to whistle with grass.
